



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Anonym

Total time: 1:22:03

Number: 209

Course: 25.50 km

Rank in course/Total: 186 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 161 (of 262)

Best time in course: 58:32

Category:

Rank in category: 20(of 22)

Senioren 1 (TM 40)

Best time in the category: 1:00:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.50	9:28	18:56	10	1:53	37	2:31	0.50	9:28	18:56	10	1:53	263	2:31	
Wechsel S -> R	-	3:04	-	20	1:29	170	1:48	0.50	12:32	25:03	14	2:31	66	4:06	
Schwimmen Total	0.50	12:32	25:03	14	2:31	66	4:06	0.50	12:32	25:03	14	2:31	66	4:06	
Rad netto	20.00	41:09	2:03	21	10:18	197	16:45	20.50	53:41	2:37	23	12:42	263	15:25	
Wechsel R -> L	-	1:00	-	12	0:30	107	0:33	20.50	54:41	2:40	23	13:12	263	15:33	
Rad Total	20.00	42:09	2:06	21	10:48	196	17:00	20.50	54:41	2:40	23	13:12	263	15:33	
Lauf Ziel	5.00	27:22	5:28	20	8:48	184	27:22	25.50	1:22:03	3:13	20	22:00	161	23:31	