



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Markus Iwanowitsch

Total time: 1:05:38

Number: 52

Course: 25.50 km

Rank in course/Total: 18 (of 343)

Lorsche Triathlon 0,5-20,5,0

Rank in course/Men: 17 (of 262)

Best time in course: 58:32

Category:

Rank in category: 2(of 30)

Senioren 2 (TM 45)

Best time in the category: 1:03:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.50	9:11	18:22	2	0:31	26	2:14	0.50	9:11	18:22	2	0:31	263	2:14	
Wechsel S -> R	-	1:39	-	1	-	11	0:23	0.50	10:50	21:40	1	-	263	2:24	
Schwimmen Total	0.50	10:50	21:40	1	-	263	2:24	0.50	10:50	21:40	1	-	263	2:24	
Rad netto	20.00	34:45	1:44	13	2:50	62	10:21	20.50	45:35	2:13	31	1:10	263	7:19	
Wechsel R -> L	-	0:45	-	2	0:06	45	0:18	20.50	46:20	2:15	31	0:53	263	7:12	
Rad Total	20.00	35:30	1:46	9	2:33	52	10:21	20.50	46:20	2:15	31	0:53	263	7:12	
Lauf Ziel	5.00	19:18	3:51	3	1:07	16	19:18	25.50	1:05:38	2:34	2	2:00	17	7:06	