



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Marcus Bergstr user

Total time: 1:07:21

Number: 233

Course: 25.50 km

Rank in course/Total: 30 (of 343)

Lorsche Triathlon 0,5-20,5,0

Rank in course/Men: 28 (of 262)

Best time in course: 58:32

Category:

Rank in category: 4(of 30)

Senioren 2 (TM 45)

Best time in the category: 1:03:38

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:48	21:36	13	2:08	102	3:51	0.50	10:48	21:36	31	2:08	263	3:51
Wechsel S -> R	-	2:03	-	5	0:24	43	0:47	0.50	12:51	25:41	31	2:01	263	4:25
Schwimmen Total	0.50	12:51	25:41	31	2:01	263	4:25	0.50	12:51	25:41	31	2:01	263	4:25
Rad netto	20.00	33:12	1:39	2	1:17	22	8:48	20.50	46:03	2:14	31	1:38	263	7:47
Wechsel R -> L	-	1:07	-	14	0:28	133	0:40	20.50	47:10	2:18	31	1:43	263	8:02
Rad Total	20.00	34:19	1:42	2	1:22	22	9:10	20.50	47:10	2:18	31	1:43	263	8:02
Lauf Ziel	5.00	20:11	4:02	4	2:00	32	20:11	25.50	1:07:21	2:38	4	3:43	28	8:49