



# 18 Lorsche Triathlon

Lorsch / 13.08.2023

## Detailed evaluation

### Sebastian Weißwange

Club: TSCV Amicitia Viernheim

Number: 49

Course: 25.50 km

Lorsche Triathlon 0,5-20,5,0

Category:

Senioren 2 (TM 45)

Total time: 1:07:54

Rank in course/Total: 35 (of 343)

Rank in course/Men: 32 (of 262)

Best time in course: 58:32

Rank in category: 5(of 30)

Best time in the category: 1:03:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:07	20:14	9	1:27	67	3:10	0.50	10:07	20:14	9	1:27	263	3:10
Wechsel S -> R	-	2:18	-	9	0:39	69	1:02	0.50	12:25	24:49	7	1:35	263	3:59
Schwimmen Total	0.50	12:25	24:49	7	1:35	263	3:59	0.50	12:25	24:49	7	1:35	263	3:59
Rad netto	20.00	33:19	1:39	3	1:24	23	8:55	20.50	45:44	2:13	31	1:19	263	7:28
Wechsel R -> L	-	1:07	-	14	0:28	133	0:40	20.50	46:51	2:17	31	1:24	263	7:43
Rad Total	20.00	34:26	1:43	3	1:29	23	9:17	20.50	46:51	2:17	31	1:24	263	7:43
Lauf Ziel	5.00	21:03	4:12	5	2:52	51	21:03	25.50	1:07:54	2:39	5	4:16	32	9:22