



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Oliver Schwarztrauber

Total time: 1:12:38

Club: Stimmel Sports e.V. Worms

Number: 222

Course: 25.50 km

Rank in course/Total: 80 (of 343)

Lorsche Triathlon 0,5-20,5,0

Rank in course/Men: 74 (of 262)

Best time in course: 58:32

Category:

Rank in category: 10(of 30)

Senioren 2 (TM 45)

Best time in the category: 1:03:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	13:25	26:49	25	4:45	219	6:28	0.50	13:25	26:49	31	4:45	263	6:28
Wechsel S -> R	-	2:15	-	8	0:36	62	0:59	0.50	15:40	31:19	31	4:50	263	7:14
Schwimmen Total	0.50	15:40	31:19	31	4:50	263	7:14	0.50	15:40	31:19	31	4:50	263	7:14
Rad netto	20.00	34:42	1:44	12	2:47	60	10:18	20.50	50:22	2:27	31	5:57	263	12:06
Wechsel R -> L	-	1:03	-	12	0:24	121	0:36	20.50	51:25	2:30	31	5:58	263	12:17
Rad Total	20.00	35:45	1:47	11	2:48	58	10:36	20.50	51:25	2:30	31	5:58	263	12:17
Lauf Ziel	5.00	21:13	4:14	6	3:02	54	21:13	25.50	1:12:38	2:50	10	9:00	74	14:06