



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Martin Götz

Total time: 1:15:29

Number: 253

Course: 25.50 km

Rank in course/Total: 108 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 97 (of 262)

Best time in course: 58:32

Category:

Rank in category: 14(of 30)

Senioren 2 (TM 45)

Best time in the category: 1:03:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:09	22:18	17	2:29	122	4:12	0.50	11:09	22:18	31	2:29	263	4:12
Wechsel S -> R	-	2:26	-	11	0:47	83	1:10	0.50	13:35	27:10	31	2:45	263	5:09
Schwimmen Total	0.50	13:35	27:10	31	2:45	263	5:09	0.50	13:35	27:10	31	2:45	263	5:09
Rad netto	20.00	34:28	1:43	9	2:33	51	10:04	20.50	48:03	2:20	31	3:38	263	9:47
Wechsel R -> L	-	1:01	-	9	0:22	111	0:34	20.50	49:04	2:23	31	3:37	263	9:56
Rad Total	20.00	35:29	1:46	8	2:32	50	10:20	20.50	49:04	2:23	31	3:37	263	9:56
Lauf Ziel	5.00	26:25	5:16	24	8:14	167	26:25	25.50	1:15:29	2:57	14	11:51	97	16:57