



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Tobias Horstmann

Total time: 1:15:42

Number: 249

Course: 25.50 km

Rank in course/Total: 110 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 99 (of 262)

Best time in course: 58:32

Category:

Rank in category: 15(of 30)

Senioren 2 (TM 45)

Best time in the category: 1:03:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:05	22:10	16	2:25	120	4:08	0.50	11:05	22:10	31	2:25	263	4:08
Wechsel S -> R	-	2:33	-	13	0:54	103	1:17	0.50	13:38	27:15	31	2:48	263	5:12
Schwimmen Total	0.50	13:38	27:15	31	2:48	263	5:12	0.50	13:38	27:15	31	2:48	263	5:12
Rad netto	20.00	36:56	1:50	22	5:01	119	12:32	20.50	50:34	2:28	31	6:09	263	12:18
Wechsel R -> L	-	1:32	-	25	0:53	212	1:05	20.50	52:06	2:32	31	6:39	263	12:58
Rad Total	20.00	38:28	1:55	23	5:31	124	13:19	20.50	52:06	2:32	31	6:39	263	12:58
Lauf Ziel	5.00	23:36	4:43	11	5:25	108	23:36	25.50	1:15:42	2:58	15	12:04	99	17:10