



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Andreas Ganß

Total time: 1:16:11

Number: 255

Course: 25.50 km

Rank in course/Total: 117 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 105 (of 262)

Best time in course: 58:32

Category:

Rank in category: 17(of 30)

Senioren 2 (TM 45)

Best time in the category: 1:03:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.50	10:27	20:53	11	1:47	80	3:30	0.50	10:27	20:53	31	1:47	263	3:30	
Wechsel S -> R	-	2:42	-	19	1:03	135	1:26	0.50	13:09	26:18	31	2:19	263	4:43	
Schwimmen Total	0.50	13:09	26:18	31	2:19	263	4:43	0.50	13:09	26:18	31	2:19	263	4:43	
Rad netto	20.00	37:05	1:51	23	5:10	121	12:41	20.50	50:14	2:27	31	5:49	96	11:58	
Wechsel R -> L	-	1:13	-	18	0:34	157	0:46	20.50	51:27	2:30	31	6:00	263	12:19	
Rad Total	20.00	38:18	1:54	22	5:21	117	13:09	20.50	51:27	2:30	31	6:00	263	12:19	
Lauf Ziel	5.00	24:44	4:56	16	6:33	132	24:44	25.50	1:16:11	2:59	17	12:33	105	17:39	