



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Markus Grubert

Total time: 1:16:52

Club: Babbas goes Triathlon

Number: 279

Course: 25.50 km

Rank in course/Total: 128 (of 343)

Lorsche Triathlon 0,5-20,5,0

Rank in course/Men: 114 (of 262)

Best time in course: 58:32

Category:

Rank in category: 19(of 30)

Senioren 2 (TM 45)

Best time in the category: 1:03:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:44	25:27	24	4:04	193	5:47	0.50	12:44	25:27	31	4:04	263	5:47
Wechsel S -> R	-	2:33	-	13	0:54	103	1:17	0.50	15:17	30:33	31	4:27	263	6:51
Schwimmen Total	0.50	15:17	30:33	31	4:27	263	6:51	0.50	15:17	30:33	31	4:27	263	6:51
Rad netto	20.00	34:16	1:42	7	2:21	45	9:52	20.50	49:33	2:25	14	5:08	263	11:17
Wechsel R -> L	-	1:02	-	10	0:23	115	0:35	20.50	50:35	2:28	14	5:08	263	11:27
Rad Total	20.00	35:18	1:45	5	2:21	42	10:09	20.50	50:35	2:28	14	5:08	263	11:27
Lauf Ziel	5.00	26:17	5:15	23	8:06	166	26:17	25.50	1:16:52	3:00	19	13:14	114	18:20