



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Michael Baar

Total time: 1:17:13

Club: Team SVA

Number: 203

Course: 25.50 km

Rank in course/Total: 132 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 117 (of 262)

Best time in course: 58:32

Category:

Rank in category: 20(of 30)

Senioren 2 (TM 45)

Best time in the category: 1:03:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:09	22:18	17	2:29	122	4:12	0.50	11:09	22:18	31	2:29	263	4:12
Wechsel S -> R	-	2:46	-	20	1:07	141	1:30	0.50	13:55	27:49	31	3:05	263	5:29
Schwimmen Total	0.50	13:55	27:49	31	3:05	263	5:29	0.50	13:55	27:49	31	3:05	263	5:29
Rad netto	20.00	34:07	1:42	6	2:12	41	9:43	20.50	48:02	2:20	31	3:37	263	9:46
Wechsel R -> L	-	1:50	-	27	1:11	239	1:23	20.50	49:52	2:25	31	4:25	263	10:44
Rad Total	20.00	35:57	1:47	13	3:00	63	10:48	20.50	49:52	2:25	31	4:25	263	10:44
Lauf Ziel	5.00	27:21	5:28	26	9:10	182	27:21	25.50	1:17:13	3:01	20	13:35	117	18:41