



# 18 Lorsch Triathlon

Lorsch / 13.08.2023

## Detailed evaluation

Sandip Chowdhury

Total time: 1:27:56

Number: 38

Course: 25.50 km

Rank in course/Total: 260 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 210 (of 262)

Best time in course: 58:32

Category:

Rank in category: 26(of 30)

Senioren 2 (TM 45)

Best time in the category: 1:03:38

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	15:12	30:23	29	6:32	248	8:15	0.50	15:12	30:23	29	6:32	263	8:15
Wechsel S -> R	-	3:11	-	21	1:32	180	1:55	0.50	18:23	36:45	28	7:33	263	9:57
Schwimmen Total	0.50	18:23	36:45	28	7:33	263	9:57	0.50	18:23	36:45	28	7:33	263	9:57
Rad netto	20.00	41:40	2:04	25	9:45	208	17:16	20.50	1:00:03	2:55	31	15:38	263	21:47
Wechsel R -> L	-	2:04	-	29	1:25	249	1:37	20.50	1:02:07	3:01	31	16:40	263	22:59
Rad Total	20.00	43:44	2:11	25	10:47	216	18:35	20.50	1:02:07	3:01	31	16:40	263	22:59
Lauf Ziel	5.00	25:49	5:09	21	7:38	161	25:49	25.50	1:27:56	3:26	26	24:18	210	29:24