



# 18 Lorsch Triathlon

Lorsch / 13.08.2023

## Detailed evaluation

Jörn Schlichting

Total time: 1:07:20

Number: 274

Course: 25.50 km

Rank in course/Total: 29 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 27 (of 262)

Best time in course: 58:32

Category:

Rank in category: 5(of 32)

Senioren 3 (TM 50)

Best time in the category: 1:02:16

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.50	10:39	21:18	9	1:59	90	3:42	0.50	10:39	21:18	33	1:59	263	3:42	
Wechsel S -> R	-	2:20	-	7	0:58	72	1:04	0.50	12:59	25:57	33	2:43	263	4:33	
Schwimmen Total	0.50	12:59	25:57	33	2:43	263	4:33	0.50	12:59	25:57	33	2:43	263	4:33	
Rad netto	20.00	33:04	1:39	5	2:12	16	8:40	20.50	46:03	2:14	33	4:55	263	7:47	
Wechsel R -> L	-	1:03	-	14	0:32	121	0:36	20.50	47:06	2:17	33	5:19	39	7:58	
Rad Total	20.00	34:07	1:42	5	2:36	18	8:58	20.50	47:06	2:17	33	5:19	39	7:58	
Lauf Ziel	5.00	20:14	4:02	3	0:38	33	20:14	25.50	1:07:20	2:38	5	5:04	27	8:48	