



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Florian Krumb

Club: SSG Bensheim

Number: 439

Course: 25.50 km

Lorsch Triathlon 0,5-20,5,0

Category:

Senioren 3 (TM 50)

Total time: 1:17:15

Rank in course/Total: 133 (of 343)

Rank in course/Men: 118 (of 262)

Best time in course: 58:32

Rank in category: 8(of 32)

Best time in the category: 1:02:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:54	23:48	14	3:14	152	4:57	0.50	11:54	23:48	33	3:14	263	4:57
Wechsel S -> R	-	2:56	-	20	1:34	157	1:40	0.50	14:50	29:40	33	4:34	263	6:24
Schwimmen Total	0.50	14:50	29:40	33	4:34	263	6:24	0.50	14:50	29:40	33	4:34	263	6:24
Rad netto	20.00	38:44	1:56	19	7:52	164	14:20	20.50	53:34	2:36	33	12:26	263	15:18
Wechsel R -> L	-	1:16	-	19	0:45	165	0:49	20.50	54:50	2:40	33	13:03	263	15:42
Rad Total	20.00	40:00	2:00	19	8:29	164	14:51	20.50	54:50	2:40	33	13:03	263	15:42
Lauf Ziel	5.00	22:25	4:29	8	2:49	79	22:25	25.50	1:17:15	3:01	8	14:59	118	18:43