



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Dirk Hagmaier

Total time: 1:20:55

Number: 25

Course: 25.50 km

Rank in course/Total: 173 (of 343)

Lorsche Triathlon 0,5-20,5,0

Rank in course/Men: 152 (of 262)

Best time in course: 58:32

Category:

Rank in category: 16(of 32)

Senioren 3 (TM 50)

Best time in the category: 1:02:16

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:54	19:48	8	1:14	57	2:57	0.50	9:54	19:48	33	1:14	59	2:57
Wechsel S -> R	-	2:34	-	17	1:12	110	1:18	0.50	12:28	24:56	7	2:12	263	4:02
Schwimmen Total	0.50	12:28	24:56	7	2:12	263	4:02	0.50	12:28	24:56	7	2:12	263	4:02
Rad netto	20.00	38:30	1:55	18	7:38	159	14:06	20.50	50:58	2:29	9	9:50	263	12:42
Wechsel R -> L	-	1:24	-	22	0:53	189	0:57	20.50	52:22	2:33	10	10:35	263	13:14
Rad Total	20.00	39:54	1:59	17	8:23	160	14:45	20.50	52:22	2:33	10	10:35	263	13:14
Lauf Ziel	5.00	28:33	5:42	23	8:57	199	28:33	25.50	1:20:55	3:10	16	18:39	152	22:23