



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Sascha Münch

Total time: 1:21:12

Club: Babbas goes Triathlon

Number: 316

Course: 25.50 km

Rank in course/Total: 175 (of 343)

Lorsche Triathlon 0,5-20,5,0

Rank in course/Men: 154 (of 262)

Best time in course: 58:32

Category:

Rank in category: 17(of 32)

Senioren 3 (TM 50)

Best time in the category: 1:02:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.50	13:27	26:53	28	4:47	220	6:30	0.50	13:27	26:53	33	4:47	263	6:30	
Wechsel S -> R	-	3:10	-	22	1:48	178	1:54	0.50	16:37	33:14	33	6:21	263	8:11	
Schwimmen Total	0.50	16:37	33:14	33	6:21	263	8:11	0.50	16:37	33:14	33	6:21	263	8:11	
Rad netto	20.00	36:30	1:49	7	5:38	97	12:06	20.50	53:07	2:35	33	11:59	263	14:51	
Wechsel R -> L	-	1:20	-	20	0:49	178	0:53	20.50	54:27	2:39	33	12:40	263	15:19	
Rad Total	20.00	37:50	1:53	7	6:19	101	12:41	20.50	54:27	2:39	33	12:40	263	15:19	
Lauf Ziel	5.00	26:45	5:20	19	7:09	172	26:45	25.50	1:21:12	3:11	17	18:56	154	22:40	