



# 18 Lorsch Triathlon

Lorsch / 13.08.2023

## Detailed evaluation

**Martin Tullo**

**Total time: 1:25:54**

Club: Stickcity-Runners

Number: 180

Course: 25.50 km

Rank in course/Total: 235 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 193 (of 262)

Best time in course: 58:32

Category:

Rank in category: 23(of 32)

Senioren 3 (TM 50)

Best time in the category: 1:02:16

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:45	25:30	20	4:05	194	5:48	0.50	12:45	25:30	33	4:05	263	5:48
Wechsel S -> R	-	2:33	-	15	1:11	103	1:17	0.50	15:18	30:36	33	5:02	263	6:52
Schwimmen Total	0.50	15:18	30:36	33	5:02	263	6:52	0.50	15:18	30:36	33	5:02	263	6:52
Rad netto	20.00	44:44	2:14	29	13:52	239	20:20	20.50	1:00:02	2:55	33	18:54	263	21:46
Wechsel R -> L	-	0:38	-	3	0:07	16	0:11	20.50	1:00:40	2:57	33	18:53	263	21:32
Rad Total	20.00	45:22	2:16	29	13:51	235	20:13	20.50	1:00:40	2:57	33	18:53	263	21:32
Lauf Ziel	5.00	25:14	5:02	15	5:38	149	25:14	25.50	1:25:54	3:22	23	23:38	193	27:22