



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Dirk Regitz

Total time: 1:28:39

Club: TSA der TSG 1862 Weinheim

Number: 298

Course: 25.50 km

Rank in course/Total: 266 (of 343)

Lorsche Triathlon 0,5-20,5,0

Rank in course/Men: 215 (of 262)

Best time in course: 58:32

Category:

Rank in category: 27(of 32)

Senioren 3 (TM 50)

Best time in the category: 1:02:16

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Schwimmen nett	0.50	11:45	23:30	13	3:05	146	4:48	0.50	11:45	23:30	33	3:05	263	4:48
Wechsel S -> R	-	3:20	-	24	1:58	195	2:04	0.50	15:05	30:10	33	4:49	166	6:39
Schwimmen Total	0.50	15:05	30:10	33	4:49	166	6:39	0.50	15:05	30:10	33	4:49	166	6:39
Rad netto	20.00	45:50	2:17	30	14:58	244	21:26	20.50	1:00:55	2:58	33	19:47	263	22:39
Wechsel R -> L	-	0:48	-	7	0:17	54	0:21	20.50	1:01:43	3:00	33	19:56	263	22:35
Rad Total	20.00	46:38	2:19	30	15:07	242	21:29	20.50	1:01:43	3:00	33	19:56	263	22:35
Lauf Ziel	5.00	26:56	5:23	20	7:20	174	26:56	25.50	1:28:39	3:28	27	26:23	215	30:07