



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Martin Raepfle

Total time: 1:36:23

Number: 295

Course: 25.50 km

Rank in course/Total: 318 (of 343)

Lorsche Triathlon 0,5-20,5,0

Rank in course/Men: 246 (of 262)

Best time in course: 58:32

Category:

Rank in category: 31(of 32)

Senioren 3 (TM 50)

Best time in the category: 1:02:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.50	9:13	18:26	5	0:33	28	2:16	0.50	9:13	18:26	33	0:33	263	2:16	
Wechsel S -> R	-	4:01	-	29	2:39	241	2:45	0.50	13:14	26:27	33	2:58	263	4:48	
Schwimmen Total	0.50	13:14	26:27	33	2:58	263	4:48	0.50	13:14	26:27	33	2:58	263	4:48	
Rad netto	20.00	51:10	2:33	31	20:18	257	26:46	20.50	1:04:24	3:08	33	23:16	263	26:08	
Wechsel R -> L	-	1:46	-	29	1:15	228	1:19	20.50	1:06:10	3:13	33	24:23	263	27:02	
Rad Total	20.00	52:56	2:38	32	21:25	260	27:47	20.50	1:06:10	3:13	33	24:23	263	27:02	
Lauf Ziel	5.00	30:13	6:02	26	10:37	221	30:13	25.50	1:36:23	3:46	31	34:07	246	37:51	