



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Klaus Frambach

Total time: 1:08:25

Club: TSG Maxdorf

Number: 374

Course: 25.50 km

Rank in course/Total: 39 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 36 (of 262)

Best time in course: 58:32

Category:

Rank in category: 3(of 31)

Senioren 4 (TM 55)

Best time in the category: 1:07:05

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:11	22:22	11	2:10	124	4:14	0.50	11:11	22:22	32	2:10	124	4:14
Wechsel S -> R	-	1:57	-	4	0:16	33	0:41	0.50	13:08	26:15	32	2:06	82	4:42
Schwimmen Total	0.50	13:08	26:15	32	2:06	82	4:42	0.50	13:08	26:15	32	2:06	82	4:42
Rad netto	20.00	33:02	1:39	1	-	15	8:38	20.50	46:10	2:15	32	1:01	41	7:54
Wechsel R -> L	-	0:56	-	4	0:18	83	0:29	20.50	47:06	2:17	32	1:03	39	7:58
Rad Total	20.00	33:58	1:41	1	-	16	8:49	20.50	47:06	2:17	32	1:03	39	7:58
Lauf Ziel	5.00	21:19	4:15	5	21:19	57	21:19	25.50	1:08:25	2:40	3	1:20	36	9:53