



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Thomas Klotz

Total time: 1:21:09

Club: Team Erdinger Alkoholfrei

Number: 9

Course: 25.50 km

Rank in course/Total: 174 (of 343)

Lorsche Triathlon 0,5-20,5,0

Rank in course/Men: 153 (of 262)

Best time in course: 58:32

Category:

Rank in category: 15(of 31)

Senioren 4 (TM 55)

Best time in the category: 1:07:05

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	14:22	28:44	26	5:21	235	7:25	0.50	14:22	28:44	32	5:21	263	7:25
Wechsel S -> R	-	3:53	-	29	2:12	232	2:37	0.50	18:15	36:30	32	7:13	263	9:49
Schwimmen Total	0.50	18:15	36:30	32	7:13	263	9:49	0.50	18:15	36:30	32	7:13	263	9:49
Rad netto	20.00	39:37	1:58	19	6:35	176	15:13	20.50	57:52	2:49	32	12:43	263	19:36
Wechsel R -> L	-	1:49	-	26	1:11	234	1:22	20.50	59:41	2:54	32	13:38	263	20:33
Rad Total	20.00	41:26	2:04	19	7:28	181	16:17	20.50	59:41	2:54	32	13:38	263	20:33
Lauf Ziel	5.00	21:28	4:17	6	21:28	60	21:28	25.50	1:21:09	3:10	15	14:04	153	22:37