



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Christopher Schierk

Total time: 1:08:33

Number: 193

Course: 25.50 km

Rank in course/Total: 42 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 39 (of 262)

Best time in course: 58:32

Category:

Rank in category: 7(of 30)

männliche AK 2 (TM 25)

Best time in the category: 1:01:39

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:59	19:57	6	2:47	62	3:02	0.50	9:59	19:57	31	2:47	263	3:02
Wechsel S -> R	-	2:55	-	14	1:39	156	1:39	0.50	12:54	25:48	31	4:26	263	4:28
Schwimmen Total	0.50	12:54	25:48	31	4:26	263	4:28	0.50	12:54	25:48	31	4:26	263	4:28
Rad netto	20.00	35:38	1:46	9	2:52	79	11:14	20.50	48:32	2:22	31	6:39	263	10:16
Wechsel R -> L	-	0:31	-	1	-	4	0:04	20.50	49:03	2:23	31	6:26	263	9:55
Rad Total	20.00	36:09	1:48	8	2:26	69	11:00	20.50	49:03	2:23	31	6:26	263	9:55
Lauf Ziel	5.00	19:30	3:53	7	1:02	19	19:30	25.50	1:08:33	2:41	7	6:54	39	10:01