



# 18 Lorsche Triathlon

Lorsch / 13.08.2023

## Detailed evaluation

Ulrich Zimmer

Total time: 1:25:59

Number: 37

Course: 25.50 km

Rank in course/Total: 239 (of 343)

Lorsche Triathlon 0,5-20,5,0

Rank in course/Men: 196 (of 262)

Best time in course: 58:32

Category:

Rank in category: 22(of 31)

Senioren 4 (TM 55)

Best time in the category: 1:07:05

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:43	25:26	18	3:42	190	5:46	0.50	12:43	25:26	32	3:42	191	5:46
Wechsel S -> R	-	2:41	-	15	1:00	129	1:25	0.50	15:24	30:48	32	4:22	185	6:58
Schwimmen Total	0.50	15:24	30:48	32	4:22	185	6:58	0.50	15:24	30:48	32	4:22	185	6:58
Rad netto	20.00	40:32	2:01	24	7:30	191	16:08	20.50	55:56	2:43	32	10:47	263	17:40
Wechsel R -> L	-	2:00	-	28	1:22	248	1:33	20.50	57:56	2:49	32	11:53	263	18:48
Rad Total	20.00	42:32	2:07	25	8:34	199	17:23	20.50	57:56	2:49	32	11:53	263	18:48
Lauf Ziel	5.00	28:03	5:36	19	28:03	194	28:03	25.50	1:25:59	3:22	22	18:54	196	27:27