



# 18 Lorsch Triathlon

Lorsch / 13.08.2023

## Detailed evaluation

**Cem Tamkan**

**Total time: 2:01:19**

Club: Halikarnas Kürek Bodrum

Number: 3

Course: 25.50 km

Rank in course/Total: 339 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 259 (of 262)

Best time in course: 58:32

Category:

Rank in category: 30(of 31)

Senioren 4 (TM 55)

Best time in the category: 1:07:05

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen nett	0.50	14:38	29:15	28	5:37	240	7:41	0.50	14:38	29:15	32	5:37	263	7:41
Wechsel S -> R	-	3:38	-	27	1:57	219	2:22	0.50	18:16	36:31	32	7:14	263	9:50
Schwimmen Total	0.50	18:16	36:31	32	7:14	263	9:50	0.50	18:16	36:31	32	7:14	263	9:50
Rad netto	20.00	53:21	2:40	31	20:19	261	28:57	20.50	1:11:37	3:29	32	26:28	263	33:21
Wechsel R -> L	-	3:45	-	30	3:07	261	3:18	20.50	1:15:22	3:40	32	29:19	263	36:14
Rad Total	20.00	57:06	2:51	31	23:08	262	31:57	20.50	1:15:22	3:40	32	29:19	263	36:14
Lauf Ziel	5.00	45:57	9:11	31	45:57	262	45:57	25.50	2:01:19	4:45	30	54:14	259	1:02:47