



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Ivo Herschel

Club: Viernheim

Number: 42

Course: 25.50 km

Lorsch Triathlon 0,5-20,5,0

Category:

Senioren 4 (TM 55)

Rank in course/Total: DNF (of 343)

Rank in course/Men: DNF (of 262)

Best time in course: 58:32

Rank in category: DNF(of 31)

Best time in the category: 1:07:05

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:21	24:41	16	3:20	174	5:24	0.50	12:21	24:41	32	3:20	263	5:24
Wechsel S -> R	-	2:29	-	13	0:48	92	1:13	0.50	14:50	29:40	32	3:48	263	6:24
Schwimmen Total	0.50	14:50	29:40	32	3:48	263	6:24	0.50	14:50	29:40	32	3:48	263	6:24
Rad netto	20.00	39:40	1:58	20	6:38	179	15:16	20.50	54:30	2:39	32	9:21	263	16:14
Wechsel R -> L	-	1:46	-	23	1:08	228	1:19	20.50	56:16	2:44	32	10:13	263	17:08
Rad Total	20.00	41:26	2:04	20	7:28	182	16:17	20.50	56:16	2:44	32	10:13	263	17:08
Lauf Ziel	5.00		0:00	1	-	2	-	25.50	-	-	-	-	-	-