



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Walter Mayer

Club: Activity Fitness

Number: 40

Course: 25.50 km

Lorsche Triathlon 0,5-20,5,0

Category:

Senioren 5 (TM 60)

Total time: 1:21:12

Rank in course/Total: 176 (of 343)

Rank in course/Men: 154 (of 262)

Best time in course: 58:32

Rank in category: 6(of 20)

Best time in the category: 1:09:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:25	24:49	12	2:48	176	5:28	0.50	12:25	24:49	12	2:48	263	5:28
Wechsel S -> R	-	2:38	-	6	0:39	120	1:22	0.50	15:03	30:06	10	3:27	263	6:37
Schwimmen Total	0.50	15:03	30:06	10	3:27	263	6:37	0.50	15:03	30:06	10	3:27	263	6:37
Rad netto	20.00	39:30	1:58	11	4:41	173	15:06	20.50	54:33	2:39	9	7:43	263	16:17
Wechsel R -> L	-	0:40	-	1	-	27	0:13	20.50	55:13	2:41	9	7:10	263	16:05
Rad Total	20.00	40:10	2:00	11	4:15	170	15:01	20.50	55:13	2:41	9	7:10	263	16:05
Lauf Ziel	5.00	25:59	5:11	8	5:21	165	25:59	25.50	1:21:12	3:11	6	12:00	154	22:40