



# 18 Lorsche Triathlon

Lorsch / 13.08.2023

## Detailed evaluation

**Thorsten Mitt**

**Total time: 1:27:02**

Club: BSG Helaba Triathlon

Number: 318

Course: 25.50 km

Rank in course/Total: 250 (of 343)

Lorsche Triathlon 0,5-20,5,0

Rank in course/Men: 204 (of 262)

Best time in course: 58:32

Category:

Rank in category: 12(of 20)

Senioren 5 (TM 60)

Best time in the category: 1:09:12

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos		Behind	
						Pos Men	Behind Men	km	Time	min/km	Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:34	25:07	13	2:57	183	5:37	0.50	12:34	25:07	21	2:57	263	5:37
Wechsel S -> R	-	3:47	-	14	1:48	227	2:31	0.50	16:21	32:42	21	4:45	263	7:55
Schwimmen Total	0.50	16:21	32:42	21	4:45	263	7:55	0.50	16:21	32:42	21	4:45	263	7:55
Rad netto	20.00	40:30	2:01	13	5:41	190	16:06	20.50	56:51	2:46	21	10:01	263	18:35
Wechsel R -> L	-	2:05	-	17	1:25	250	1:38	20.50	58:56	2:52	21	10:53	263	19:48
Rad Total	20.00	42:35	2:07	12	6:40	202	17:26	20.50	58:56	2:52	21	10:53	263	19:48
Lauf Ziel	5.00	28:06	5:37	10	7:28	195	28:06	25.50	1:27:02	3:24	12	17:50	204	28:30