



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Eberhard Kubach

Total time: 1:32:53

Number: 47

Course: 25.50 km

Rank in course/Total: 296 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 232 (of 262)

Best time in course: 58:32

Category:

Rank in category: 17(of 20)

Senioren 5 (TM 60)

Best time in the category: 1:09:12

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	14:27	28:53	15	4:50	237	7:30	0.50	14:27	28:53	15	4:50	263	7:30
Wechsel S -> R	-	3:39	-	12	1:40	220	2:23	0.50	18:06	36:12	15	6:30	263	9:40
Schwimmen Total	0.50	18:06	36:12	15	6:30	263	9:40	0.50	18:06	36:12	15	6:30	263	9:40
Rad netto	20.00	48:48	2:26	20	13:59	256	24:24	20.50	1:06:54	3:15	19	20:04	263	28:38
Wechsel R -> L	-	1:26	-	11	0:46	194	0:59	20.50	1:08:20	3:19	18	20:17	263	29:12
Rad Total	20.00	50:14	2:30	20	14:19	255	25:05	20.50	1:08:20	3:19	18	20:17	263	29:12
Lauf Ziel	5.00	24:33	4:54	6	3:55	129	24:33	25.50	1:32:53	3:38	17	23:41	232	34:21