



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Karl Baumann

Total time: 1:42:26

Number: 234

Course: 25.50 km

Rank in course/Total: 330 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 253 (of 262)

Best time in course: 58:32

Category:

Rank in category: 18(of 20)

Senioren 5 (TM 60)

Best time in the category: 1:09:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	14:50	29:40	18	5:13	243	7:53	0.50	14:50	29:40	21	5:13	263	7:53
Wechsel S -> R	-	4:32	-	18	2:33	253	3:16	0.50	19:22	38:44	21	7:46	263	10:56
Schwimmen Total	0.50	19:22	38:44	21	7:46	263	10:56	0.50	19:22	38:44	21	7:46	263	10:56
Rad netto	20.00	45:49	2:17	18	11:00	243	21:25	20.50	1:05:11	3:10	21	18:21	263	26:55
Wechsel R -> L	-	1:25	-	10	0:45	193	0:58	20.50	1:06:36	3:14	21	18:33	263	27:28
Rad Total	20.00	47:14	2:21	18	11:19	243	22:05	20.50	1:06:36	3:14	21	18:33	263	27:28
Lauf Ziel	5.00	35:50	7:10	19	15:12	251	35:50	25.50	1:42:26	4:01	18	33:14	253	43:54