



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Siegfried Weiß

Total time: 1:42:51

Number: 164

Course: 25.50 km

Rank in course/Total: 331 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 254 (of 262)

Best time in course: 58:32

Category:

Rank in category: 19(of 20)

Senioren 5 (TM 60)

Best time in the category: 1:09:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Pos Men	Behind Men
						Pos Men	Behind Men	Total km	Total Time	Total min/km				
Schwimmen nett	0.50	18:57	37:53	20	9:20	262	12:00	0.50	18:57	37:53	21	9:20	263	12:00
Wechsel S -> R	-	4:22	-	17	2:23	250	3:06	0.50	23:19	46:37	21	11:43	263	14:53
Schwimmen Total	0.50	23:19	46:37	21	11:43	263	14:53	0.50	23:19	46:37	21	11:43	263	14:53
Rad netto	20.00	44:29	2:13	17	9:40	236	20:05	20.50	1:07:48	3:18	21	20:58	263	29:32
Wechsel R -> L	-	1:28	-	12	0:48	199	1:01	20.50	1:09:16	3:22	21	21:13	263	30:08
Rad Total	20.00	45:57	2:17	17	10:02	238	20:48	20.50	1:09:16	3:22	21	21:13	263	30:08
Lauf Ziel	5.00	33:35	6:43	18	12:57	248	33:35	25.50	1:42:51	4:01	19	33:39	254	44:19