



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Robert Haag

Total time: 1:18:26

Club: LAZ Mosbach-Elztal

Number: 257

Course: 25.50 km

Rank in course/Total: 148 (of 343)

Lorsche Triathlon 0,5-20,5,0

Rank in course/Men: 130 (of 262)

Best time in course: 58:32

Category:

Rank in category: 1(of 6)

Senioren 6 (TM 65)

Best time in the category: 1:18:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:21	24:41	3	2:08	174	5:24	0.50	12:21	24:41	7	2:08	263	5:24
Wechsel S -> R	-	2:40	-	1	-	125	1:24	0.50	15:01	30:02	7	1:18	263	6:35
Schwimmen Total	0.50	15:01	30:02	7	1:18	263	6:35	0.50	15:01	30:02	7	1:18	263	6:35
Rad netto	20.00	36:52	1:50	1	-	114	12:28	20.50	51:53	2:31	1	-	263	13:37
Wechsel R -> L	-	1:34	-	3	1:00	216	1:07	20.50	53:27	2:36	1	-	263	14:19
Rad Total	20.00	38:26	1:55	1	-	123	13:17	20.50	53:27	2:36	1	-	263	14:19
Lauf Ziel	5.00	24:59	4:59	4	24:59	138	24:59	25.50	1:18:26	3:04	1	-	130	19:54