



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Willi Kolb

Total time: 1:37:45

Number: 174

Course: 25.50 km

Rank in course/Total: 323 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 249 (of 262)

Best time in course: 58:32

Category:

Rank in category: 1(of 1)

Senioren 7 (TM 70)

Best time in the category: 1:37:45

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen nett	0.50	12:25	24:49	1	-	176	5:28	0.50	12:25	24:49	1	-	263	5:28
Wechsel S -> R	-	3:01	-	1	-	165	1:45	0.50	15:26	30:52	1	-	188	7:00
Schwimmen Total	0.50	15:26	30:52	1	-	188	7:00	0.50	15:26	30:52	1	-	188	7:00
Rad netto	20.00	44:21	2:13	1	-	235	19:57	20.50	59:47	2:54	1	-	263	21:31
Wechsel R -> L	-	1:08	-	1	-	136	0:41	20.50	1:00:55	2:58	1	-	263	21:47
Rad Total	20.00	45:29	2:16	1	-	236	20:20	20.50	1:00:55	2:58	1	-	263	21:47
Lauf Ziel	5.00	36:50	7:22	1	-	254	36:50	25.50	1:37:45	3:50	1	-	249	39:13