



# 18 Lorsch Triathlon

Lorsch / 13.08.2023

## Detailed evaluation

Klaus Gebauer

Total time: 1:52:08

Number: 143

Course: 25.50 km

Rank in course/Total: 338 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 258 (of 262)

Best time in course: 58:32

Category:

Rank in category: 2(of 2)

Senioren 8 (TM 75)

Best time in the category: 1:24:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	18:35	37:09	2	4:28	260	11:38	0.50	18:35	37:09	2	4:28	263	11:38
Wechsel S -> R	-	5:12	-	2	2:15	260	3:56	0.50	23:47	47:34	2	6:43	263	15:21
Schwimmen Total	0.50	23:47	47:34	2	6:43	263	15:21	0.50	23:47	47:34	2	6:43	263	15:21
Rad netto	20.00	46:40	2:19	2	9:47	247	22:16	20.50	1:10:27	3:26	2	16:30	263	32:11
Wechsel R -> L	-	1:49	-	1	-	234	1:22	20.50	1:12:16	3:31	2	16:11	263	33:08
Rad Total	20.00	48:29	2:25	2	9:28	250	23:20	20.50	1:12:16	3:31	2	16:11	263	33:08
Lauf Ziel	5.00	39:52	7:58	2	11:43	259	39:52	25.50	1:52:08	4:23	2	27:54	258	53:36