



# 18 Lorsche Triathlon

Lorsch / 13.08.2023

## Detailed evaluation

### Jenny Hänseroth

Club: Helaba BSG Triathlon

Number: 69

Course: 25.50 km

Lorsche Triathlon 0,5-20,5,0

Category:

Seniorinnen 1 (TW 40)

Total time: 1:05:08

Rank in course/Total: 16 (of 343)

Rank in course/Women: 1 (of 81)

Best time in course: 1:05:08

Rank in category: 1(of 10)

Best time in the category: 1:05:08

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	8:50	17:40	1	-	4	5:50	0.50	8:50	17:40	1	-	4	5:50
Wechsel S -> R	-	1:32	-	1	-	3	1:32	0.50	10:22	20:44	1	-	4	9:57
Schwimmen Total	0.50	10:22	20:44	1	-	4	9:57	0.50	10:22	20:44	1	-	4	9:57
Rad netto	20.00	34:01	1:42	1	-	1	-	20.50	44:23	2:09	1	-	2	3:38
Wechsel R -> L	-	0:58	-	6	0:09	29	0:25	20.50	45:21	2:12	1	-	2	2:43
Rad Total	20.00	34:59	1:44	1	-	1	-	20.50	45:21	2:12	1	-	2	2:43
Lauf Ziel	5.00	19:47	3:57	1	-	3	19:47	25.50	1:05:08	2:33	1	-	1	-