



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Birte Perner

Total time: 1:23:37

Number: 101

Course: 25.50 km

Rank in course/Total: 202 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Women: 31 (of 81)

Best time in course: 1:05:08

Category:

Rank in category: 6(of 10)

Seniorinnen 1 (TW 40)

Best time in the category: 1:05:08

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:42	25:23	6	3:52	54	9:42	0.50	12:42	25:23	6	3:52	54	9:42
Wechsel S -> R	-	2:39	-	6	1:07	27	2:39	0.50	15:21	30:41	6	4:59	43	14:56
Schwimmen Total	0.50	15:21	30:41	6	4:59	43	14:56	0.50	15:21	30:41	6	4:59	43	14:56
Rad netto	20.00	42:05	2:06	6	8:04	45	8:04	20.50	57:26	2:48	6	13:03	47	16:41
Wechsel R -> L	-	0:49	-	1	-	11	0:16	20.50	58:15	2:50	6	12:54	43	15:37
Rad Total	20.00	42:54	2:08	6	7:55	41	7:55	20.50	58:15	2:50	6	12:54	43	15:37
Lauf Ziel	5.00	25:22	5:04	6	5:35	25	25:22	25.50	1:23:37	3:16	6	18:29	31	18:29