



# 18 Lorsche Triathlon

Lorsch / 13.08.2023

## Detailed evaluation

Eva Antoni

Total time: 1:36:07

Number: 104

Course: 25.50 km

Rank in course/Total: 314 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Women: 71 (of 81)

Best time in course: 1:05:08

Category:

Rank in category: 9(of 10)

Seniorinnen 1 (TW 40)

Best time in the category: 1:05:08

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:51	25:41	8	4:01	56	9:51	0.50	12:51	25:41	8	4:01	56	9:51
Wechsel S -> R	-	4:09	-	9	2:37	76	4:09	0.50	17:00	34:00	7	6:38	63	16:35
Schwimmen Total	0.50	17:00	34:00	7	6:38	63	16:35	0.50	17:00	34:00	7	6:38	63	16:35
Rad netto	20.00	46:18	2:18	10	12:17	70	12:17	20.50	1:03:18	3:05	8	18:55	67	22:33
Wechsel R -> L	-	0:49	-	1	-	11	0:16	20.50	1:04:07	3:07	8	18:46	65	21:29
Rad Total	20.00	47:07	2:21	10	12:08	70	12:08	20.50	1:04:07	3:07	8	18:46	65	21:29
Lauf Ziel	5.00	32:00	6:24	9	12:13	69	32:00	25.50	1:36:07	3:46	9	30:59	71	30:59