



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Nadine Bein

Total time: 1:27:33

Club: Team Zoot Europe

Number: 62

Course: 25.50 km

Rank in course/Total: 256 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Women: 49 (of 81)

Best time in course: 1:05:08

Category:

Rank in category: 9(of 11)

Seniorinnen 2 (TW 45)

Best time in the category: 1:17:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	3:00	6:00	1	-	1	-	0.50	3:00	6:00	1	-	1	-
Wechsel S -> R	-	-	-	1	-	1	-	0.50	3:00	6:00	12	2:35	82	2:35
Schwimmen Total	0.50	3:00	6:00	12	2:35	82	2:35	0.50	3:00	6:00	12	2:35	82	2:35
Rad netto	20.00	40:20	2:00	3	2:58	27	6:19	20.50	43:20	2:06	12	2:35	82	2:35
Wechsel R -> L	-	1:53	-	11	1:02	77	1:20	20.50	45:13	2:12	12	2:35	82	2:35
Rad Total	20.00	42:13	2:06	4	3:03	32	7:14	20.50	45:13	2:12	12	2:35	82	2:35
Lauf Ziel	5.00	59:55	11:58	11	38:39	81	59:55	25.50	1:27:33	3:25	9	9:49	49	22:25