



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Orpha Tank

Total time: 1:32:34

Number: 60

Course: 25.50 km

Rank in course/Total: 294 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Women: 63 (of 81)

Best time in course: 1:05:08

Category:

Rank in category: 11(of 11)

Seniorinnen 2 (TW 45)

Best time in the category: 1:17:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:16	24:32	8	9:16	44	9:16	0.50	12:16	24:32	9	9:16	45	9:16
Wechsel S -> R	-	3:11	-	7	3:11	52	3:11	0.50	15:27	30:53	9	15:02	46	15:02
Schwimmen Total	0.50	15:27	30:53	9	15:02	46	15:02	0.50	15:27	30:53	9	15:02	46	15:02
Rad netto	20.00	41:18	2:03	5	3:56	36	7:17	20.50	56:45	2:46	7	16:00	41	16:00
Wechsel R -> L	-	1:29	-	8	0:38	61	0:56	20.50	58:14	2:50	8	15:36	42	15:36
Rad Total	20.00	42:47	2:08	6	3:37	40	7:48	20.50	58:14	2:50	8	15:36	42	15:36
Lauf Ziel	5.00	34:20	6:52	10	13:04	75	34:20	25.50	1:32:34	3:37	11	14:50	63	27:26