



# 18 Lorsch Triathlon

Lorsch / 13.08.2023

## Detailed evaluation

Kerstin Wiesner

Total time: 1:24:11

Number: 339

Course: 25.50 km

Rank in course/Total: 210 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Women: 35 (of 81)

Best time in course: 1:05:08

Category:

Rank in category: 4(of 11)

Seniorinnen 3 (TW 50)

Best time in the category: 1:16:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	13:16	26:32	7	3:30	61	10:16	0.50	13:16	26:32	12	3:30	82	10:16
Wechsel S -> R	-	2:30	-	2	0:03	19	2:30	0.50	15:46	31:32	6	2:47	82	15:21
Schwimmen Total	0.50	15:46	31:32	6	2:47	82	15:21	0.50	15:46	31:32	6	2:47	82	15:21
Rad netto	20.00	41:26	2:04	8	4:06	42	7:25	20.50	57:12	2:47	12	6:49	82	16:27
Wechsel R -> L	-	1:30	-	9	0:48	62	0:57	20.50	58:42	2:51	12	7:17	82	16:04
Rad Total	20.00	42:56	2:08	8	4:34	42	7:57	20.50	58:42	2:51	12	7:17	82	16:04
Lauf Ziel	5.00	25:29	5:05	2	0:01	28	25:29	25.50	1:24:11	3:18	4	7:16	35	19:03