



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Carina Born-Brosy

Total time: 1:28:55

Number: 108

Course: 25.50 km

Rank in course/Total: 269 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Women: 52 (of 81)

Best time in course: 1:05:08

Category:

Rank in category: 6(of 11)

Seniorinnen 3 (TW 50)

Best time in the category: 1:16:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	15:56	31:52	11	6:10	78	12:56	0.50	15:56	31:52	11	6:10	78	12:56
Wechsel S -> R	-	3:11	-	5	0:44	52	3:11	0.50	19:07	38:14	12	6:08	77	18:42
Schwimmen Total	0.50	19:07	38:14	12	6:08	77	18:42	0.50	19:07	38:14	12	6:08	77	18:42
Rad netto	20.00	41:10	2:03	6	3:50	34	7:09	20.50	1:00:17	2:56	9	9:54	61	19:32
Wechsel R -> L	-	0:42	-	1	-	8	0:09	20.50	1:00:59	2:58	8	9:34	58	18:21
Rad Total	20.00	41:52	2:05	4	3:30	29	6:53	20.50	1:00:59	2:58	8	9:34	58	18:21
Lauf Ziel	5.00	27:56	5:35	6	2:28	51	27:56	25.50	1:28:55	3:29	6	12:00	52	23:47