



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Saskia Böhm

Total time: 1:32:13

Number: 292

Course: 25.50 km

Rank in course/Total: 289 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Women: 61 (of 81)

Best time in course: 1:05:08

Category:

Rank in category: 9(of 11)

Seniorinnen 3 (TW 50)

Best time in the category: 1:16:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	15:05	30:10	10	5:19	77	12:05	0.50	15:05	30:10	12	5:19	82	12:05
Wechsel S -> R	-	4:50	-	11	2:23	79	4:50	0.50	19:55	39:50	12	6:56	82	19:30
Schwimmen Total	0.50	19:55	39:50	12	6:56	82	19:30	0.50	19:55	39:50	12	6:56	82	19:30
Rad netto	20.00	45:02	2:15	10	7:42	66	11:01	20.50	1:04:57	3:10	12	14:34	82	24:12
Wechsel R -> L	-	1:48	-	10	1:06	73	1:15	20.50	1:06:45	3:15	12	15:20	82	24:07
Rad Total	20.00	46:50	2:20	10	8:28	68	11:51	20.50	1:06:45	3:15	12	15:20	82	24:07
Lauf Ziel	5.00	25:28	5:05	1	-	27	25:28	25.50	1:32:13	3:36	9	15:18	61	27:05