



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Anke Schiefelbein

Total time: 1:33:36

Number: 345

Course: 25.50 km

Rank in course/Total: 299 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Women: 67 (of 81)

Best time in course: 1:05:08

Category:

Rank in category: 11(of 11)

Seniorinnen 3 (TW 50)

Best time in the category: 1:16:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Women	Behind Women	
								km	Time	min/km	Pos	Behind	Pos					Behind
Schwimmen nett	0.50	14:22	28:44	8	4:36	71	11:22	0.50	14:22	28:44	12	4:36	82	11:22				
Wechsel S -> R	-	3:43	-	9	1:16	67	3:43	0.50	18:05	36:09	9	5:06	82	17:40				
Schwimmen Total	0.50	18:05	36:09	9	5:06	82	17:40	0.50	18:05	36:09	9	5:06	82	17:40				
Rad netto	20.00	46:27	2:19	11	9:07	71	12:26	20.50	1:04:32	3:08	12	14:09	82	23:47				
Wechsel R -> L	-	1:03	-	4	0:21	35	0:30	20.50	1:05:35	3:11	12	14:10	82	22:57				
Rad Total	20.00	47:30	2:22	11	9:08	71	12:31	20.50	1:05:35	3:11	12	14:10	82	22:57				
Lauf Ziel	5.00	28:01	5:36	7	2:33	52	28:01	25.50	1:33:36	3:40	11	16:41	67	28:28				