



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Ute Kubach

Total time: 1:43:49

Number: 46

Course: 25.50 km

Rank in course/Total: 332 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Women: 78 (of 81)

Best time in course: 1:05:08

Category:

Rank in category: 4(of 4)

Seniorinnen 4 (TW 55)

Best time in the category: 1:17:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	14:25	28:49	4	4:59	73	11:25	0.50	14:25	28:49	5	4:59	82	11:25
Wechsel S -> R	-	3:40	-	4	1:28	65	3:40	0.50	18:05	36:09	5	6:27	82	17:40
Schwimmen Total	0.50	18:05	36:09	5	6:27	82	17:40	0.50	18:05	36:09	5	6:27	82	17:40
Rad netto	20.00	48:48	2:26	4	8:45	77	14:47	20.50	1:06:53	3:15	5	15:12	82	26:08
Wechsel R -> L	-	1:27	-	3	0:31	59	0:54	20.50	1:08:20	3:19	5	15:43	82	25:42
Rad Total	20.00	50:15	2:30	4	9:16	77	15:16	20.50	1:08:20	3:19	5	15:43	82	25:42
Lauf Ziel	5.00	35:29	7:05	4	10:22	77	35:29	25.50	1:43:49	4:04	4	26:05	78	38:41