



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Florian Hennemann

Total time: 1:07:48

Number: 21

Course: 25.50 km

Rank in course/Total: 34 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 31 (of 262)

Best time in course: 58:32

Category:

Rank in category: 3(of 15)

männliche AK 1 (TM 20)

Best time in the category: 1:06:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:03	18:06	2	0:26	22	2:06	0.50	9:03	18:06	16	0:26	263	2:06
Wechsel S -> R	-	2:05	-	4	0:28	48	0:49	0.50	11:08	22:15	16	0:54	263	2:42
Schwimmen Total	0.50	11:08	22:15	16	0:54	263	2:42	0.50	11:08	22:15	16	0:54	263	2:42
Rad netto	20.00	34:23	1:43	3	9:59	48	9:59	20.50	45:31	2:13	16	5:58	263	7:15
Wechsel R -> L	-	1:16	-	13	0:44	165	0:49	20.50	46:47	2:16	16	6:29	263	7:39
Rad Total	20.00	35:39	1:46	5	10:30	55	10:30	20.50	46:47	2:16	16	6:29	263	7:39
Lauf Ziel	5.00	21:01	4:12	7	21:01	48	21:01	25.50	1:07:48	2:39	3	1:48	31	9:16