



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Gabriele Köhler

Total time: 1:27:43

Number: 92

Course: 25.50 km

Rank in course/Total: 259 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Women: 50 (of 81)

Best time in course: 1:05:08

Category:

Rank in category: 2(of 4)

Seniorinnen 5 (TW 60)

Best time in the category: 1:15:22

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:37	25:14	2	1:18	50	9:37	0.50	12:37	25:14	5	1:18	50	9:37
Wechsel S -> R	-	3:14	-	3	0:33	54	3:14	0.50	15:51	31:41	5	1:51	52	15:26
Schwimmen Total	0.50	15:51	31:41	5	1:51	52	15:26	0.50	15:51	31:41	5	1:51	52	15:26
Rad netto	20.00	41:24	2:04	2	3:56	39	7:23	20.50	57:15	2:47	5	5:47	45	16:30
Wechsel R -> L	-	1:34	-	3	0:28	65	1:01	20.50	58:49	2:52	5	6:15	49	16:11
Rad Total	20.00	42:58	2:08	2	4:24	44	7:59	20.50	58:49	2:52	5	6:15	49	16:11
Lauf Ziel	5.00	28:54	5:46	2	6:06	56	28:54	25.50	1:27:43	3:26	2	12:21	50	22:35