



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Annika Henter

Total time: 1:17:38

Club: LCI Speyer

Number: 112

Course: 25.50 km

Rank in course/Total: 137 (of 343)

Lorsche Triathlon 0,5-20,5,0

Rank in course/Women: 16 (of 81)

Best time in course: 1:05:08

Category:

Rank in category: 1(of 7)

weibliche AK 1 (TW 20)

Best time in the category: 1:17:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:10	22:19	3	1:37	28	8:10	0.50	11:10	22:19	8	1:37	28	8:10
Wechsel S -> R	-	2:31	-	3	0:13	20	2:31	0.50	13:41	27:22	8	1:50	26	13:16
Schwimmen Total	0.50	13:41	27:22	8	1:50	26	13:16	0.50	13:41	27:22	8	1:50	26	13:16
Rad netto	20.00	38:32	1:55	1	-	17	4:31	20.50	52:13	2:32	8	1:30	82	11:28
Wechsel R -> L	-	0:53	-	4	0:18	19	0:20	20.50	53:06	2:35	8	1:29	19	10:28
Rad Total	20.00	39:25	1:58	1	-	15	4:26	20.50	53:06	2:35	8	1:29	19	10:28
Lauf Ziel	5.00	24:32	4:54	2	24:32	16	24:32	25.50	1:17:38	3:02	1	-	16	12:30