



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Selina Vöpel

Total time: 1:25:57

Club: Ludwigshafener SV 07

Number: 321

Course: 25.50 km

Rank in course/Total: 237 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Women: 43 (of 81)

Best time in course: 1:05:08

Category:

Rank in category: 3(of 7)

weibliche AK 1 (TW 20)

Best time in the category: 1:17:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	10:54	21:48	2	1:21	22	7:54	0.50	10:54	21:48	8	1:21	82	7:54
Wechsel S -> R	-	2:18	-	1	-	14	2:18	0.50	13:12	26:23	8	1:21	20	12:47
Schwimmen Total	0.50	13:12	26:23	8	1:21	20	12:47	0.50	13:12	26:23	8	1:21	20	12:47
Rad netto	20.00	41:13	2:03	3	2:41	35	7:12	20.50	54:25	2:39	8	3:42	82	13:40
Wechsel R -> L	-	1:16	-	6	0:41	49	0:43	20.50	55:41	2:42	8	4:04	82	13:03
Rad Total	20.00	42:29	2:07	3	3:04	35	7:30	20.50	55:41	2:42	8	4:04	82	13:03
Lauf Ziel	5.00	30:16	6:03	7	30:16	63	30:16	25.50	1:25:57	3:22	3	8:19	43	20:49