



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Hannah Lea Kraus

Total time: 1:26:20

Number: 102

Course: 25.50 km

Rank in course/Total: 243 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Women: 44 (of 81)

Best time in course: 1:05:08

Category:

Rank in category: 4(of 7)

weibliche AK 1 (TW 20)

Best time in the category: 1:17:38

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:41	25:22	4	3:08	53	9:41	0.50	12:41	25:22	8	3:08	53	9:41
Wechsel S -> R	-	3:24	-	6	1:06	61	3:24	0.50	16:05	32:09	8	4:14	55	15:40
Schwimmen Total	0.50	16:05	32:09	8	4:14	55	15:40	0.50	16:05	32:09	8	4:14	55	15:40
Rad netto	20.00	44:25	2:13	5	5:53	63	10:24	20.50	1:00:30	2:57	8	9:47	62	19:45
Wechsel R -> L	-	0:51	-	3	0:16	15	0:18	20.50	1:01:21	2:59	8	9:44	60	18:43
Rad Total	20.00	45:16	2:15	5	5:51	60	10:17	20.50	1:01:21	2:59	8	9:44	60	18:43
Lauf Ziel	5.00	24:59	4:59	3	24:59	20	24:59	25.50	1:26:20	3:23	4	8:42	44	21:12