



# 18 Lorsch Triathlon

Lorsch / 13.08.2023

## Detailed evaluation

**Anna Hammel**

**Total time: 1:07:24**

Club: Awake Personal Training

Number: 135

Course: 25.50 km

Rank in course/Total: 31 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Women: 3 (of 81)

Best time in course: 1:05:08

Category:

Rank in category: 1(of 13)

weibliche AK 2 (TW 25)

Best time in the category: 1:07:24

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	8:00	16:00	2	0:07	3	5:00	0.50	8:00	16:00	14	0:07	82	5:00
Wechsel S -> R	-	2:12	-	2	0:12	10	2:12	0.50	10:12	20:23	14	0:19	82	9:47
Schwimmen Total	0.50	10:12	20:23	14	0:19	82	9:47	0.50	10:12	20:23	14	0:19	82	9:47
Rad netto	20.00	36:13	1:48	1	-	4	2:12	20.50	46:25	2:15	1	-	82	5:40
Wechsel R -> L	-	0:55	-	5	0:22	25	0:22	20.50	47:20	2:18	1	-	82	4:42
Rad Total	20.00	37:08	1:51	1	-	4	2:09	20.50	47:20	2:18	1	-	82	4:42
Lauf Ziel	5.00	20:04	4:00	1	-	4	20:04	25.50	1:07:24	2:38	1	-	3	2:16