



# 18 Lorsche Triathlon

Lorsch / 13.08.2023

## Detailed evaluation

Rebecca Winter

Total time: 1:12:26

Number: 75

Course: 25.50 km

Rank in course/Total: 76 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Women: 5 (of 81)

Best time in course: 1:05:08

Category:

Rank in category: 2(of 13)

weibliche AK 2 (TW 25)

Best time in the category: 1:07:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	10:10	20:19	5	2:17	17	7:10	0.50	10:10	20:19	14	2:17	17	7:10
Wechsel S -> R	-	2:51	-	8	0:51	44	2:51	0.50	13:01	26:02	14	3:08	16	12:36
Schwimmen Total	0.50	13:01	26:02	14	3:08	16	12:36	0.50	13:01	26:02	14	3:08	16	12:36
Rad netto	20.00	37:22	1:52	2	1:09	8	3:21	20.50	50:23	2:27	14	3:58	10	9:38
Wechsel R -> L	-	0:33	-	1	-	1	-	20.50	50:56	2:29	14	3:36	9	8:18
Rad Total	20.00	37:55	1:53	2	0:47	6	2:56	20.50	50:56	2:29	14	3:36	9	8:18
Lauf Ziel	5.00	21:30	4:17	2	1:26	6	21:30	25.50	1:12:26	2:50	2	5:02	5	7:18