



# 18 Lorsch Triathlon

Lorsch / 13.08.2023

## Detailed evaluation

Vivien Holler

Total time: 1:26:33

Number: 176

Course: 25.50 km

Rank in course/Total: 245 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Women: 46 (of 81)

Best time in course: 1:05:08

Category:

Rank in category: 7(of 13)

weibliche AK 2 (TW 25)

Best time in the category: 1:07:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	13:59	27:57	10	6:06	67	10:59	0.50	13:59	27:57	14	6:06	82	10:59
Wechsel S -> R	-	2:57	-	9	0:57	46	2:57	0.50	16:56	33:52	14	7:03	82	16:31
Schwimmen Total	0.50	16:56	33:52	14	7:03	82	16:31	0.50	16:56	33:52	14	7:03	82	16:31
Rad netto	20.00	39:18	1:57	6	3:05	22	5:17	20.50	56:14	2:44	14	9:49	82	15:29
Wechsel R -> L	-	1:16	-	7	0:43	49	0:43	20.50	57:30	2:48	14	10:10	82	14:52
Rad Total	20.00	40:34	2:01	6	3:26	22	5:35	20.50	57:30	2:48	14	10:10	82	14:52
Lauf Ziel	5.00	29:03	5:48	9	8:59	58	29:03	25.50	1:26:33	3:23	7	19:09	46	21:25